

34k Route V – A - CP1 – CP2– A – B – CP4 - A - V

From the Venue go right, use the verge if you wish – this is a bus route. After a short distance cross the road and join a lane, go left (not into the Riding School!) Follow this distinct track downhill into St Aidans. Keep going straight on, be aware of other users and visitors to the site. You will reach a BW gate, go through this and go right. Follow the BW along the top of the bank Go left over the bridge over the weir (CARE!), then right, back to the road (CP1, 4km).

Go left onto the road and left again immediately after the bridge. Follow this lane round the edge of the boat yard, look for the BW entrance in the fence on the left, don't overshoot! Follow the BW all along the top of the bank until you come to a big wide open area, keep straight on and follow the track – watch for tree roots. The path is narrow in places and then goes along the top of a grassy levee. Keep going along here until you reach the fence across the track and a substation building. Come down off the bank to the right, follow the wide track keep right at the junction, follow track until you reach CP2 (10km).

After CP2, go right onto Lower Mickletown Road. This is a bus route (CARE!). Follow this road until you see the Commercial Pub on the right. Turn down the lane next to the Pub and head back towards St Aidans. At the T junction go left and at the big wide open space look right for the big wide bridge. Go over this bridge and go left back to the gate into St Aidans. Go through the gate, down the BW and left at the crossroads. Follow the BW round to another BW crossroads, go left. Back up the track, going right at A – don't overshoot!

Follow this BW until it meets the road (CARE!) There will be a steward here. Cross the road and join the track to the right. Follow this old lane to the end, at the estate, go left and follow the tarmac road to main road. Cross this road (CARE!) and go up a driveway type track opposite. The track is private, follow the track keeping the forest on the right. Then at the top of the wood go left. Follow this well defined track straight on (ignore any tracks to the left) until you get to a T junction (Brecks Lane). Go right onto the BW. When you see the old railway line crossing go **straight on *** The route for your class may not be the same as the others****** follow the BW until you reach the houses, then follow the BW route to the right which is partly BW and partly houses until you reach B.

At B, go **LEFT** and follow the railway line all the way down past the crew spot, to CP4.(25km)

Again after the checkpoint, retrace your steps for a short distance and take the left branch on the railway, cross the road (CARE!) and continue along the line (over the horsestiles) until you approach the entrance to St Aidans.

Go left, downhill round the edge of St Aidans. Be aware of other users and visitors on this narrow path. Go round the site with St Aidans on your right and the water on your left! Look out for the gate back into St Aidans. Go right, back through the gate into St Aidans. Down the BW and left at the crossroads. Follow the BW round to another BW crossroads, go left. Back up the track until you reach Astley Lane, go left, use the verge if you wish until you reach the Venue. (34km).

Buses in Lower Mickletown (after CP2)

This is a 20mph area and there are plenty of small roads to dodge into....
The buses are approx. every 30minutes in each direction

Eg 10.11, 1041 etc towards Leeds ie direction you are riding in
10.20, 10.50 etc towards Castleford ie towards you